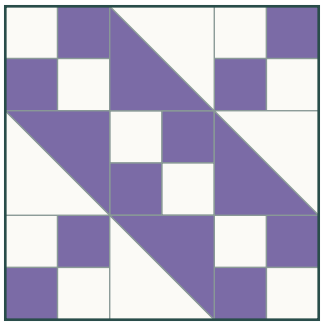
A QUILTPLAN BLOCK PATTERN

HAMPDEN AVENUE

Four-patches and triangles in a ladder.



28 pieces, 2 fabrics

A Jacob's Ladder in two fabrics: five four-patches and four half-square triangles in three rows of three. Set block to block, the chains of small squares and the big triangles join into long lines that cross the whole quilt.

SKILL Beginner

SEAMS ¼″ throughout

SIZES 6″, 9″, 12″ and 15″ finished



Cutting

Cut, for one block	6″	9″	12″	15″
① Main: cut 2 squares, for triangles For half-square triangles, two at a time with the Dark squares. Trim each to half an inch bigger than its finished size.	3″ sq	4″ sq	5″ sq	6″ sq
② Main: cut 1 strip Sewn to the Dark strip, then crosscut into 10 pieced rectangles for the four-patches.	1½″ × 16″	2″ × 21″	2½″ × 26″	3″ × 31″
③ Dark: cut 2 squares, for triangles For half-square triangles, two at a time with the Main squares.	3″ sq	4″ sq	5″ sq	6″ sq
④ Dark: cut 1 strip Sewn to the Main strip.	1½″ × 16″	2″ × 21″	2½″ × 26″	3″ × 31″

Fabric, for one block

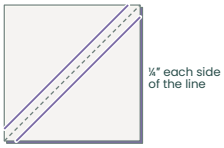
Buy at least	6″	9″	12″	15″
☐ Main	¼ yd	¼ yd	¼ yd	¼ yd
■ Dark	¼ yd	¼ yd	¼ yd	¼ yd

Worked out the way QuiltPlan's shopping list does it: 42″ of usable width, 15% for waste, rounded up to the quarter yard. For a whole quilt, place the block in the app and it totals every block for you.

Good to know

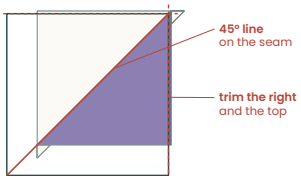
- Feed every four-patch through the machine the same way, the top seam pointing toward the needle, so they all nest and press alike.
- Making several blocks? Sew longer strip sets, up to the width of your fabric, and crosscut the pieces for all the blocks at once. Every block needs 10.
- **Why these sizes?** At 6″, 9″, 12″ and 15″ every piece of this block lands on a ruler line. At other sizes the app still works out the cutting for you.
- **Want a different size or a whole quilt?** Hampden Avenue is in QuiltPlan's block library. Place it on a quilt and the app gives you the cut list, the yardage and the shopping list for every block at once.

Sewing it



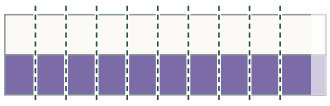
1 · Make 4 half-square triangles

Draw a line corner to corner on the back of each (1) square. Lay each on a 3 square, right sides together, sew a quarter inch either side of the line, cut on the line and press toward the Dark. Two pairs make 4. Follow the Half-Square Triangles guide.



2 · Trim them

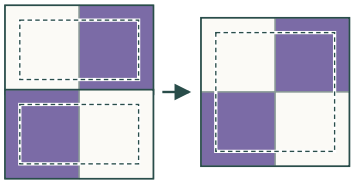
Lay a square ruler's 45 degree line on the seam, trim two sides, turn the unit, line the cut edges up and trim the other two. Each measures 2½" for a 6" block, 3½" for 9", 4½" for 12" and 5½" for 15", the seam running exactly into two opposite corners.



crosscut 10 pieces

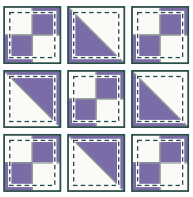
3 · Sew the strip set

Sew the (2) and 4 strips together along one long edge and press toward the Dark. The set measures 2½" for a 6" block, 3½" for 9", 4½" for 12" and 5½" for 15" from edge to edge. Square one end and crosscut 10 pieces, each 1½" for a 6" block, 2" for 9", 2½" for 12" and 3" for 15" wide, the ruler's line on the seam.



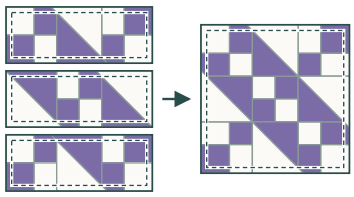
4 · Make 5 four-patches

Lay two pieces right sides together, one turned end for end so the Main sits over the Dark and the seams face opposite ways. Nest them and sew. Feed every pair through the same way, and each four-patch measures 2½" for a 6" block, 3½" for 9", 4½" for 12" and 5½" for 15".



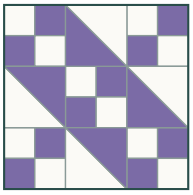
5 · Lay it out

Four-patches in the corners and the center, every one turned with its Main squares at top left and bottom right. A half-square triangle in the middle of each side, its seam running from top left to bottom right, so the Main makes long chains across the block.



6 · Sew the rows

Sew each row, pressing toward the half-square triangles: inward on the top and bottom rows, outward on the middle row. The rows' seams then face opposite ways where they meet.



7 · Join the rows

Nest the seams, pin and sew. Press the long seams toward the middle row. The block measures half an inch more than it will finish.

Main Dark